

**DIETARY POLICY**  
**as Approved by the Board of Trustees**  
**November 23, 2003**

Temple Sinai seeks to respect the diverse and varied backgrounds of congregants who may have differing levels of observance -- many of whom may observe Jewish dietary traditions. While the temple does not maintain a kosher kitchen, our policy prohibits pork, shellfish and any products made with lard, along with not serving dairy and meat together in a meal being served at the temple. The policy, which follows, applies to all events catered by Temple Sinai, catered by an outside caterer and to any food brought into the temple, including by employees.

1. Pork, pork products and shellfish such as crab, lobster, shrimp, scallops, mussels, clams and oysters cannot be served.
2. Dairy products and meat products may not be served during the same meal. However, an exception to this guideline is that desserts containing milk may be served, provided meat dishes have been cleared.
3. Dairy products and meat products may not be served together as part of a buffet. However, desserts containing milk may be served, provided they are displayed on a separate dessert table.
4. In the event a meal contains a meat entrée, a pareve alternative should be provided for those individuals who do not eat meat.
5. Chicken and turkey are considered meat.
6. Fish (other than shellfish), vegetables, fruit, pasta and eggs are considered pareve (neither dairy nor meat.)
7. These rules apply to children and adults eating together at the same meal, even if the children's menu is different.
8. Outside caterers' menus must be sent to the Temple Administrator for review at least two weeks prior to the event.

PATTY GLAH —  
PGLAH@GMAIL.COM

## Dietary Policy

### Separate Passover Restrictions

(above and beyond those regularly observed)

During the year 2019 – beginning April 19 thru April 26 (Bridge Days are 4-22 and 4-23)

During the year 2020 – beginning April 8 thru April 15 (Bridge Days are 4-13 and 4-14)

During the time of Passover special dietary rules apply. This is also applicable to food products being brought into the Temple Sinai Complex.

Dietary rules prohibit consumption of any leavened breads or derivatives of this such as bakery products (unless they are made from unleavened flour sources)

What can be brought in during this time frame:

All Fruits

All Vegetables

Nuts

Cheese

Eggs

And Matzo of course – bread substitute